

September Newsletter



Where Nature Meets Memory: September at Morgan Oaks

September at **Morgan Oaks** brings more than crisp air and autumn colors—it brings the invitation to pause, reflect, and remember. Just as the seasons shift with quiet grace, we too can find intention and meaning in honoring those we love. This month, we're focusing on connection and reflection—offering moments, events, and stories that help families gather, commemorate, and find peace in the natural rhythms of life.

At **Morgan Oaks**, we believe that creating spaces for memory and reflection is an act of love—for your family, your community, and the earth. Whether you're joining us for a Fireside Friday, taking a peaceful walk through the preserve, exploring ways to honor a loved one, or hopping along for Rides with Ruthie, September is the perfect time to pause, ask questions, and immerse yourself in the calm, contemplative beauty of nature.

From seasonal walks and pet memorials to Fireside Fridays, shared stories of remembrance, and lighthearted moments on the land with Ruthie, we're here to guide you—gently, thoughtfully, and with care.

In This Issue:

Mindful Moments in Nature

This September, we're inviting visitors to experience Mindful Moments in Nature—intentional pauses to breathe, reflect, and reconnect with the land. Whether through guided quiet time in the meadow, journaling beneath the trees, or simply sitting in stillness by the pond, these moments are designed to help you slow down and rediscover the healing calm of the preserve. It's not a formal event, but an open invitation: come as you are, linger as long as you'd like, and let the rhythms of nature guide your reflection.

Seasonal Walks & Reflection

Experience the preserve's serene trails as the seasons shift. Nature walks offer quiet moments for contemplation, remembrance, and connection to the earth.

Pet Memorials & Special Spaces

Celebrate the lives of cherished pets at our Rainbow Bridge area or explore other memorial opportunities designed to honor the ones who bring joy to our hearts.

Fall Plans & Events

We're introducing new seasonal offerings and special events this September—perfect opportunities to gather, reflect, and celebrate life in the calm, beautiful setting of Morgan Oaks.

Start Your Reflection

Helpful prompts, seasonal insights, and ideas for gentle conversations about remembrance, rituals, and pre-planning with your loved ones.



Planning Ahead, Peace for Today and Tomorrow

Pre-planning isn't just about organizing logistics—it's about care, clarity, and love. At Morgan Oaks, we've seen how taking a little time now can give families something priceless: the reassurance that everything is handled thoughtfully and respectfully.

Ease the Burden on Loved Ones

During times of grief, decisions can feel overwhelming. Having your wishes clearly laid out helps your family:

- Make choices without pressure
- Avoid confusion or misunderstandings
- Focus on healing, remembrance, and shared moments instead of logistics

Your thoughtful planning becomes a steady guide for those you love most.

Honor Your Values, Naturally

Pre-planning at Morgan Oaks ensures that your final arrangements reflect your beliefs, your connection to nature, and your personal values. With pre-planning, you can:

- Choose a resting place that feels meaningful
- Personalize ceremonies, rituals, or readings
- Specify details like biodegradable materials, music, or a walk through the preserve

Each decision is a chance to shape a legacy filled with intention and heart.

A Gentle, Flexible Approach

Many people postpone pre-planning, thinking it's complicated or uncomfortable. At Morgan Oaks, we make it simple, gentle, and flexible:

- Move at your own pace—no rush, no pressure
- Receive guidance every step of the way
- Update your plans anytime as your wishes change

Take the First Step

Whether you're exploring your options, walking the land, or starting a written plan, we're here to help you begin—whenever you're ready.

Schedule a consultation

Explore the preserve with our team

Download our Pre-Planning Guide: morganoaksgreenburial.com/pre-planning

Or just reach out—we're happy to talk



🍂 Discover the Wildlife & Trails of Morgan Oaks This Fall

As the summer heat gives way to cooler days, **Morgan Oaks Eternal Preserve** comes alive with seasonal beauty. Our trails aren't just pathways through the preserve — they're invitations to slow down, breathe deeply, and discover the thriving plant and animal life that call this land home.

🌳 A Living Landscape

Morgan Oaks is home to acres of oak woodlands, rolling meadows, and seasonal wildflowers. In the fall, the golden grasses sway gently in the breeze, while oak trees drop acorns that provide food for deer, turkeys, and other wildlife. Chaparral plants and manzanita line parts of the trails, their red bark and evergreen leaves offering year-round color and shelter for birds and small mammals.

🦌 Wildlife to Watch For

Fall is one of the best times to see wildlife on the move. While walking our trails, you may encounter:

- **Black-tailed deer** grazing at dawn or dusk.
- **Wild turkeys** foraging in groups across open meadows.
- **Red-tailed hawks** circling above, scanning for prey.
- **Owls** calling in the early evening as daylight fades.
- **Songbirds like sparrows and finches** gathering before migration.
- **Foxes, rabbits, and squirrels** busy preparing for the cooler months ahead.

Every visit offers a unique chance to witness these natural rhythms and remember that the preserve is a place of life as much as memory.

🧑‍🌿 Trails for Reflection and Renewal

Our trail system winds through serene landscapes, offering peaceful places to pause, reflect, and connect with nature. Some paths lead to quiet groves beneath old oaks, while others open to wide views of rolling hills and meadows. Whether you come for exercise, meditation, or simply fresh air, the trails provide a space where nature's beauty supports both body and spirit.

🌱 Why We Share This Space

Morgan Oaks is more than a green burial preserve — it's a living sanctuary. Each visit strengthens the bond between people and nature, reminding us of the cycles of life, renewal, and legacy. We invite you to come walk the trails this season, experience the wildlife, and feel the peace that makes Morgan Oaks so special.



Rides with Ruthie: September Strolls

Cooler mornings, golden light, and paws on the trail—September is here, and Ruthie's leading the way into a new season at **Morgan Oaks Eternal Preserve**.

Meet Ruthie—our four-legged crew member, joy ambassador, and keeper of trail secrets. Whether she's chasing the first hints of autumn or nudging us toward snack time, she reminds us that caring for the land is as much about play as it is about purpose.

In this month's ride, you're invited to hop in the Gator with Ruthie for a look at what September brings: tending wild grasses, checking in on the trails after summer's wear, and noticing the first signs of fall settling in.

What You'll See on the Trail


- Ruthie inspecting fresh trail work (with tail wags of approval)
- The crew's seasonal projects—preparing native plants for cooler weather
- Early autumn beauty: shifting light, buzzing pollinators, and seeds carrying next year's promise
- Heartfelt moments that remind us how this land continues as a legacy for future generations

Where to Watch

- **Instagram Stories + Highlights**
- **Facebook video updates**
- **Full archive on our website (for the Ruthie fans who don't miss an episode)**

Ask Ruthie Anything!

From green burial practices to autumn ecology—or just how she picks her favorite trail snack spots—drop your questions in our DMs or comments. **Ruthie** and the team will answer them in an upcoming ride. Because honoring legacy is seasonal, joyful, and sometimes a little muddy. And Ruthie wouldn't have it any other way.

 **Buckle up—September's trails are calling, and Ruthie's got shotgun.**



Caprese Skewers

Serves: 10 | **Time:** 15 minutes

- Thread cherry tomatoes, mozzarella balls, and fresh basil onto skewers.
 - Drizzle with olive oil + balsamic glaze.
- No cooking, looks gorgeous, and people love them.



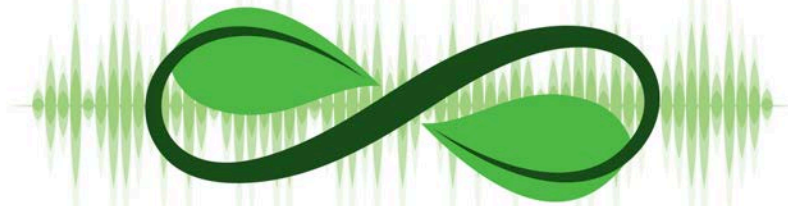
Grilled BBQ Chicken Sliders

Serves: 8-10 | **Time:** 20 minutes

- Shred rotisserie chicken.
- Mix with BBQ sauce (bottle is fine!).
 - Pile onto slider buns.
- Top with coleslaw (store-bought bag mix + dressing works!).

Done in under 20 minutes, and they look like you put in way more effort.

THE GREEN BURIAL CHRONICLES



with Morgan Oaks

Community Spotlight: Thomas “TR” Bietsch, Legacy in Life

Coming soon to The Green Burial Chronicles Podcast—an inspiring conversation with **Thomas “TR” Bietsch**, exploring the power of purpose, community, and leaving a lasting impact.

In this episode, TR joins us at **Morgan Oaks** for a thoughtful discussion about legacy, personal values, and how dedication to what matters most can inspire others and shape the communities around us.

What You’ll Hear in This Conversation:

- TR’s perspective on life, legacy, and meaningful contributions
- How community and connection can empower positive change
- Reflections on honoring values and making an impact that lasts

Legacy in Action: Purpose, Care & Connection

This Community Spotlight reminds us that legacy is about more than achievements—it’s about how we live, support others, and leave a positive imprint. Conversations like this help us imagine a life lived fully, with intention and heart.

Our Updated Instagram

Check out our refreshed Instagram: @morganoaksep

 The **Green Burial Chronicles** is available on **Apple Podcasts, Spotify**, and wherever you stream.



Coffee & Conversation

with Morgan Oaks

WEDNESDAY, SEPTEMBER 17TH
10:00 AM
MORGAN OAKS ETERNAL PRESERVE
421 FLEMING ROAD
LINCOLN, CA 95648

Join us for a relaxed morning with coffee, bagels, and donuts as we explore planning with Morgan Oaks and Goff Legal. Whether you're planning ahead or simply curious, it's a friendly space to ask questions and learn your options.

SCAN TO SIGN UP!



COA 667

Morgan Oaks
Eternal Preserve

GOFF LEGAL PC

You're Warmly Invited: Coffee & Conversation

Join us this September for Coffee & Conversation, a relaxed and meaningful gathering where we explore how green burial and thoughtful planning offer not only environmental care but also a legacy of love for future generations.

 **Wednesday, September 17th**

 **10:00 AM – Noon**

 **Morgan Oaks Eternal Preserve: 421 Fleming Rd.
Lincoln, CA 95648**

Enjoy fresh coffee, bagels, and donuts as you connect with the caring team from **Morgan Oaks** Eternal Preserve and our partner **Goff Legal**. Together, we'll share insights on green burial, pre-planning, and how legal guidance can bring clarity and peace to families across generations.

Whether you're actively planning or just curious, this is a welcoming space to ask questions, learn at your own pace, and begin the conversation—with no pressure, ever.

 **Come for the coffee. Leave with peace of mind.**

PEACEFUL PATH



Rewards

When your journey
inspires another's, you
both walk a little lighter.

Green Burials = \$200 referral credit*
Cremation Burials = \$100 referral credit
Pet Burials = \$50 referral credit

*Credit is paid out when your referral makes a purchase in 2025

COA 667

🌿 Welcome, September

As summer begins to soften into fall, we find ourselves reflecting on the beauty of change—the way each season invites us to pause, realign, and carry forward what matters most. Whether you joined us for Coffee & Conversation, caught a smile during Rides with Ruthie, or found insight in Myth Monday, we're grateful you continue to be part of the Morgan Oaks community.

💖 A Season of Reflection

In August, we focused on legacy—how green burial honors those who came before while protecting the land for generations ahead. This September, our attention turns to community: the connections that sustain us, the conversations that bring clarity, and the shared journeys that remind us we're never walking alone.

🌱 We'd Love to Hear from You

Have a question, a thought, or a story to share? Your voice helps shape this community of care and remembrance.

✉️ Reach out anytime:

stephanie@morganoaksgreenburial.com

📍 Visit the Preserve:

Wander the hills, feel the quiet, and let the stillness remind you of the deeper rhythms we all share.

Thank you for being here—let's move into this new season together with open hearts.

Thank you for reading!

MORGAN OAKS GREEN BURIAL	833-667-4266
www.morganoaksgreenburial.com	421 Fleming Rd. Lincoln, Ca 95648