
August Newsletter



Natural Conversation: Honoring Generations Through Green Burial

August at **Morgan Oaks** is a time of reflection—when the golden light of late summer reminds us of the cycles of life and the quiet strength passed from one generation to the next. This month, we invite you to explore how **green burial** is more than an ecological choice—it's a meaningful way to honor those who came before us and leave a legacy of care for those yet to come.

Green burial is rooted in respect—for the land, for loved ones, and for the generations connected by memory and intention. At **Morgan Oaks**, we believe pre-planning with heart is an act of stewardship and love. It's about choosing a path that speaks to your values and creating peace of mind for your family.

In August, we'll share stories of legacy, offer guidance on meaningful planning, and celebrate the way **green burial** brings generations together in harmony with nature.

Whether you're planting the first seeds of thought or preparing to take the next step, we're here to walk with you—gently, clearly, and with deep respect.

In This Issue:

Pre-Planning as a Family Gift

Explore how planning ahead eases the emotional burden for loved ones and becomes a powerful way to communicate care across generations.

Legacy in the Landscape

Discover how green burial creates a lasting tribute that honors both ancestry and ecology—connecting past, present, and future.

Myth Monday Continues

Join us every Monday as we demystify green burial. Got questions? Alicia's here to answer them—kindly, clearly, and with no pressure.

Rides with Ruthie: Legacy Edition

Ride along with Ruthie as she explores how families are choosing legacy through natural burial—with a few laughs and snack breaks along the way.

Real Families, Real Legacies: On the Green Burial Chronicles

Tune into The Green Burial Chronicles podcast to hear authentic, moving stories from families who chose green burial. These conversations reveal how natural choices can bring connection, healing, and a sense of legacy across generations.

Starting the Legacy Conversation

Thoughtful tools and tips for beginning end-of-life conversations—with honesty, kindness, and a heart for future generations.



Pre-Planning as a Family Gift—Clarity for the Future

At **Morgan Oaks**, we see pre-planning not just as a practical step but as a deeply meaningful act of love. It's a way to care for your family even when you're no longer physically present. It's a gift of clarity, comfort, and continuity—passed from one generation to the next.

A Legacy of Love, Not Logistics

Grief is tender ground. When end-of-life choices have already been made, your loved ones are freed from uncertainty and stress during an emotionally raw time.

Instead of guessing or making rushed decisions, they can focus on what matters most: remembering, honoring, and being together.

Pre-planning:

- Prevents confusion and conflict
- Brings families together in shared understanding
- Turns tough decisions into moments of alignment and care

It's not just about what you choose—it's about how those choices protect and support the people you love.

Honoring Your Values, Together

Choosing green burial and planning ahead allows you to shape your legacy with intention. It opens the door to meaningful conversations with those closest to you—about nature, values, and what truly matters.

With pre-planning, you can:

- Select a natural resting place that reflects your relationship with the earth
- Define rituals, music, readings, or traditions that feel authentic
- Invite your family into a shared vision of remembrance rooted in love and stewardship

Gentle, Thoughtful, Yours


Pre-planning isn't something you do because something is wrong. You do it so that when the time comes—years or decades from now—your family is held by the decisions you made with heart.


Our process is designed to meet you exactly where you are:

- **Gentle**—no pressure, just presence
- **Simple**—one step at a time
- **Flexible**—your plan can grow and evolve with you

Begin the Conversation, One Step at a Time


Whether you're exploring, deciding, or just wondering where to begin—we're here to support you.

 Schedule a consultation

 Take a quiet walk on the land with our team

 Download our free Pre-Planning Guide:

 morganoaksgreenburial.com/pre-planning

 Or simply reach out—we're here, always ready to listen.



Legacy in the Landscape: Green Burial Honors Generations

Legacy in the Landscape: Green Burial at Morgan Oaks

At Morgan Oaks Eternal Preserve, green burial is more than a return to nature—it's a lasting tribute to both loved ones and the land.

A Natural Return

Grounded in ancient wisdom, green burial avoids chemicals and non-biodegradable materials, allowing your body to gently return to the earth—nourishing the land that holds your story.

Ecology & Legacy

Each burial supports the conservation of 160+ acres of native California woodlands and grasslands, preserving a wild, living landscape for future generations.

A Lasting Act of Love

Green burial honors values of simplicity, stewardship, and reverence—creating a meaningful legacy that comforts and connects across generations.

Come Visit

Explore what it means to leave a healing, enduring legacy. Whether you're planning ahead or simply curious, you're always welcome here.

Myth Monday: Clearing the Air, One Question at a Time

This August, **Myth Monday** continues at Morgan Oaks! Each week, we're tackling common green burial myths—with clarity, compassion, and curiosity.

Why It Matters

Many families are interested in green burial but hesitate due to myths like:

"Is it legal?"

"Does it smell?"

"Can we have a ceremony?"

The answers are often simpler—and more comforting—than you'd think.

What to Expect

✓ Each Monday, we discuss a common green burial myth with clear, honest answers.

✓ Hear real questions from the community.

✓ Join the conversation by commenting, sharing your thoughts, or asking questions.

– Find these Myth Monday discussions on our **Instagram** and **Facebook** pages – **@MorganOaksEP**

Honest Info, No Pressure

We're here to inform, not sell. It's all about gentle guidance, respecting your values, and creating space for open, thoughtful conversation.

Follow us @MorganOaksEP.

Got a myth you want us to cover? DM us or email info@morganoaksgreenburial.com.

Let's talk legacy, truth, and green burial—together. #MythMonday #GreenBurialTruths



Check Out Our Updated Instagram Page!

We've refreshed our Instagram to better reflect the heart of Morgan Oaks—stories of legacy, connection, and natural farewell.

Inspiration, education, and real stories from Morgan Oaks—right in your feed.

[Scan the QR Code or Tap The Link!](#)





Rides with Ruthie: Legacy Edition

Tail wags, trail chats, and tending the land—one ride at a time.

Meet Ruthie—our beloved four-legged crew member, joy ambassador, and the heart-on-paws of Morgan Oaks Eternal Preserve. Whether she's greeting visitors or checking in on the team, Ruthie brings levity, love, and a sense of connection to everything she touches (or sniffs).

In **Rides with Ruthie**, you're invited to hop in the Gator for a behind-the-scenes look at daily life on the land—from restoring trails to planting native grasses, and yes, sharing snacks. This month, Ruthie's spotlighting how we care for this landscape as a living legacy—for the families we serve today and those to come.

What You'll See on the Trail:

- Glimpses of real caretaking—from ecological stewardship to trail tending
- Laughs with the Morgan Oaks crew, both two-legged and four-legged
- Seasonal updates: what's blooming, buzzing, or being lovingly maintained
- Moments that remind us why this land matters—generation after generation

Where to Watch:

- **Instagram Stories + Highlights**
- **Facebook video updates**
- **Full archive on our website (for the Ruthie super-fans)**

Ask Ruthie Anything!

Curious about green burial, wildflower restoration, or how Ruthie became head of snacks? Drop a question in our DMs or comments—we'll answer it in an upcoming episode. Because sometimes, honoring legacy looks like tending native plants... and sometimes, it looks like a happy dog with dirt on her paws and joy in her eyes.

 Hop in. Ruthie's got the keys (sort of).



Grilled Corn & Peach Salad with Basil & Feta

A fresh and flavorful dish that's perfect for your Labor Day gathering—whether you're relaxing under the oaks or hosting loved ones at home.

Ingredients:

- 4 ears of corn, husked
- 2–3 ripe peaches, sliced
- 1 cup cherry tomatoes, halved
- ½ small red onion, thinly sliced
- ½ cup crumbled feta cheese
- A handful of fresh basil leaves, torn
- 2 tbsp olive oil
- 1 tbsp balsamic glaze or white balsamic vinegar
- Salt & pepper to taste

Instructions:

1. Grill the corn over medium heat until lightly charred (about 10 minutes). Let cool slightly and slice off the kernels.
2. In a large bowl, combine corn, peaches, cherry tomatoes, and red onion.
3. Drizzle with olive oil and balsamic. Season with salt and pepper.
4. Toss gently to combine, then top with feta and fresh basil.

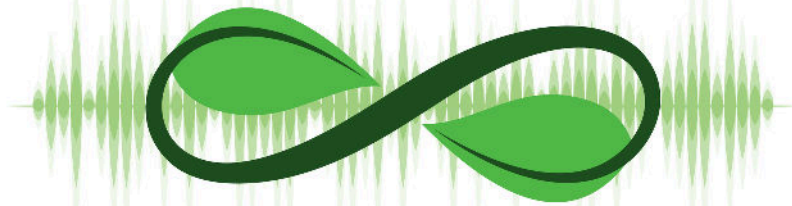
Serve immediately or chill until ready.

A Note from Morgan Oaks:

As we honor Labor Day and enjoy time with family, let this dish remind us of the beauty in slowing down, savoring nature's gifts, and gathering with intention.

Wishing you a peaceful and delicious holiday weekend from all of us at Morgan Oaks Eternal Preserve.

THE GREEN BURIAL CHRONICLES



with Morgan Oaks

Community Spotlight: Women Veterans and Meaningful Connection

Coming soon to The Green Burial Chronicles Podcast—an insightful conversation with **Melissa** from the **Women Veterans Alliance**, shining a light on the strength, service, and continued impact of women who have served in the military.

In this episode, **Melissa** joins us in a thoughtful conversation hosted at **Morgan Oaks**, where we explore the power of community, legacy, and honoring those who serve—both in life and beyond.



We're joined by **Melissa** from the **Women Veterans Alliance**, an organization dedicated to supporting and connecting women who have served in the military. We're excited to feature Melissa and highlight the work being done to uplift the women veteran community.

What You'll Hear in This Conversation:

- The mission and reach of the Women Veterans Alliance
- How connection and shared experience empower healing
- The role of community in honoring veterans beyond their service
- Why recognizing women veterans matters for future generations

Legacy in Action: Community, Care & Continued Service

This Community Spotlight reminds us that legacy is about more than what we leave behind—it's about how we live, support others, and create space for every voice to be honored. Conversations like this help us imagine a future shaped by inclusivity, care, and connection.

Our Updated Instagram

Don't forget to check out our refreshed Instagram:

@morgan oaksep : <https://www.instagram.com/morganoaksep/>

 **The Green Burial Chronicles is available on Apple Podcasts, Spotify, and wherever you stream.**

You're Warmly Invited: Coffee & Conversation

Join us this August for Coffee & Conversation, a relaxed and meaningful gathering where we explore how green burial offers not only environmental care but also a legacy of love for future generations.

 **Wednesday, August 20th**

 **10:00 AM – Noon**

 **Murray Family Funeral Chapel**

4147 Rocklin Rd., Rocklin, Ca 95677

Coffee & Conversation

with Morgan Oaks

WEDNESDAY, AUGUST 20TH
10:00 AM
MURRAY FAMILY FUNERAL CHAPEL
4147 ROCKLIN RD.
ROCKLIN, CA 95677

Join us for a relaxed morning with coffee, bagels, and donuts as we explore planning with Morgan Oaks and our partner funeral home. Whether you're planning ahead or simply curious, it's a friendly space to ask questions and learn your options.

SCAN TO
SIGN UP!



COA 667


Morgan Oaks
Eternal Preserve

Enjoy fresh **coffee, bagels, and donuts** as you connect with the thoughtful team from Morgan Oaks Eternal Preserve and our partner funeral home. Together, we'll share insights on green burial, pre-planning, and how these choices can bring clarity and peace to families across generations.

Whether you're actively planning or just curious, this is a welcoming space to ask questions, learn at your own pace, and begin the conversation—with no pressure, ever.

 **Come for the coffee. Leave with peace of mind.**

PEACEFUL PATH



Rewards

When your journey
inspires another's, you
both walk a little lighter.

Green Burials = \$200 referral credit*
Cremation Burials = \$100 referral credit
Pet Burials = \$50 referral credit

*Credit is paid out when your referral makes a purchase in 2025

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Welcome, August

As we step into August, we want to take a moment to thank you for sharing the heart of summer with us. Whether you joined us for a Coffee & Conversation, followed along with Rides with Ruthie or Myth Monday, or simply took time to reflect with us through this newsletter—your presence in the Morgan Oaks community continues to inspire and uplift us.

In July, we focused on pre-planning as a gift—an act of love that brings clarity across generations. As August unfolds, we shift our focus to legacy: how green burial honors the lives that came before and protects the land for those yet to come.

Have a Question or a Story to Share?

We're always here to listen—whether you're curious about green burial, considering pre-planning, or want to share how your journey is unfolding.

Reach out anytime:

stephanie@morganoaksgreenburial.com

Visit the Preserve:

Walk the land. Ask questions. Breathe in the stillness. We're here—with open hearts, deep roots, and a commitment to thoughtful care.

Thank you for being here. Let's continue to grow, remember, and honor together—season by season.

Thank you for reading!

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