

June Newsletter



What's Blooming This June at Morgan Oaks

Summer is arriving at Morgan Oaks, and with it, a deep sense of transition and transformation. The hills are glowing gold once again, the last of the wildflowers nod in the breeze, and our oak trees stand tall beneath the warmth of the sun. The land is rich with memory and meaning—and we're reminded that this season, like life itself, is full of movement, reflection, and quiet beauty. At Morgan Oaks, we hold space for these moments. June invites us to pause, to honor what has come to fruition, and to look ahead with clarity and care.

Whether it's marking the passage of time through seasonal change or through the milestone of a loved one's life, this is a month of meaningful presence. We're excited to offer new ways to connect—with the land, with one another, and with the deeper cycles that shape our days. From community gatherings to peaceful nature walks, each opportunity this month invites you to slow down, engage, and reflect.

In This Issue:

Community Events

Join us for trail walks, fireside chats, and thoughtful lunch & learn sessions designed to bring people together in nature and shared understanding.

Local Collaborations

We're partnering with like-hearted organizations to deepen our impact and expand the ways we support families and the earth.

Nature Spotlight

See what summer brings to our trails—learn about blooming plants, nesting birds, and seasonal shifts to watch for on your next visit.

Green Burial Insights

Explore sustainable legacy options and the heartfelt reasons families are choosing natural burial at Morgan Oaks.

Seasonal Reflections

As we move through June, we honor both stillness and growth. Thank you for being part of the **Morgan Oaks** community—your presence, your stories, and your care help shape the soul of this preserve.

In this newsletter you can expect:

Community News

Explore Morgan Oaks

Community Events

How Nature Heals Us

Green Burial Podcast

Thank You!



Community News: Honoring Moments, Making Memories

As we step into summer at **Morgan Oaks Eternal Preserve**, we look back with gratitude on the vibrant events that brought our community together over the past two months. From heartfelt gatherings to family-friendly celebrations, your presence and participation helped make each moment meaningful.

🌟 Highlights from April & May

🗣️ Speaking Event at Eskaton with Stephanie and Sarina

We shared stories and sparked conversations about legacy, healing, and the power of honoring life with intention. Thank you to everyone who joined us in reflection and dialogue.

🇺🇸 Military Appreciation Month

In May, we paid tribute to veterans and active service members, honoring their service with gratitude and remembrance.

🏠 Home & Health Showcase

Our team connected with families seeking supportive resources and information about sustainable end-of-life options. It was a powerful reminder of the importance of planning with care and clarity.

🍔 Food Truck Night at Carmichael Park

Community and cuisine came together! We enjoyed meaningful conversations under the spring sky—thank you to those who stopped by our table.

🧵 Chipping Away at Childhood Cancer

We were proud to support this impactful event, raising awareness and funds for pediatric cancer research. Every effort makes a difference.

👴 Senior Resource Fair

It was wonderful to engage with older adults and their loved ones, offering guidance, resources, and connection in support of aging with dignity.

🍷 Woof, Wine & Dine

A joyful evening of fine wine, furry friends, and fantastic food—all for a good cause. We loved seeing so many of you there!

🧘 Yoga in the Preserve

Surrounded by oaks and birdsong, this peaceful gathering was a gentle reminder of the restorative power of nature and breath.

🎉 5th Annual Roll into Spring Fundraiser

A heartfelt thank-you to all who rolled, rallied, and contributed! Your generosity directly supports families and strengthens our mission.

🐾 Easter Paw-ty & Doggy Egg Hunt

Spring joy was in full bloom—with wagging tails, festive treats, and plenty of puppy love.

👴 Looking Ahead: Honoring Father's Day

This June, we turn our hearts to Father's Day—a time to remember, celebrate, and honor the fathers and father figures who've shaped our lives. Whether you're gathering with family, reflecting on cherished memories, or finding peace in nature, we invite you to join us in recognizing the strength, love, and quiet guidance that fathers bring.

Stay tuned for ways to celebrate with us, both in spirit and on the land.

Thank you for walking alongside us. Your presence, stories, and support make **Morgan Oaks** not just a preserve but a place of community, memory, and connection.

MYTHS


VS

FACTS

Myth vs. Reality: Understanding Natural Burial & End-of-Life Choices

At **Morgan Oaks**, we know that conversations around death and burial can bring up a lot of questions—and just as many myths. We're here to offer clarity, compassion, and honest information to help you and your loved ones make informed, meaningful decisions.

Here are a few of the most common misconceptions we hear—and the truth behind them:

 **Myth #1: "Natural burial means no dignity or structure."**

Reality:

Natural burial honors the body and the earth with just as much care—if not more. It involves thoughtful preparation, respect for traditions, and intentional rituals. Families can still hold meaningful ceremonies and personalized memorials and gather in sacred ways. The difference is in simplicity and sustainability.

 **Myth #2: "You can't have a marker or visit the grave."**


Reality:

You can visit and remember. At Morgan Oaks, we offer natural markers—like engraved stones or native plants—to blend with the landscape and honor your loved one. Families are welcome to return, reflect, and walk the grounds in remembrance.

 **Myth #3: "Green burial isn't legal."**

Reality:

Natural burial is fully legal in California and across many states. Our preserve meets all regulatory standards while supporting conservation and legacy. In fact, our practices are rooted in both legal compliance and ecological responsibility.

 **Myth #4: "Preplanning is morbid or unnecessary."**

Reality:

Preplanning is a powerful gift—to yourself and to your family. It ensures your values are honored, reduces stress for loved ones, and brings peace of mind. Many families share how grateful they are to have made these decisions together, ahead of time.

 **Myth #5: "Cremation is always the more eco-friendly option."**

Reality:

While cremation is often seen as "green," it actually uses a significant amount of energy and produces emissions. Natural burial returns the body to the earth gently, without chemicals or concrete, and supports regeneration through conservation-focused land use.

 **Have More Questions?**

You're not alone—and your questions are welcome. Whether you're just beginning to explore or actively planning for yourself or a loved one, we're here to provide clear, compassionate guidance every step of the way.

 **Reach out anytime** or stop by for a walk, a conversation, or one of our upcoming information sessions.

Morgan Oaks Eternal Preserve

Where legacy, nature, and community meet.

Morgan Oaks Community Bulletin Board & Recipe of The Month

Celebrating Student Athletes:

A Season of Transition and Triumph

At **Morgan Oaks**, we celebrate life, community, and the spirit of growth that summer brings. As the school year wraps up and the campus quiets down, we take a moment to recognize the outstanding achievements of our local student-athletes—young individuals who have shown remarkable dedication, teamwork, and resilience all year long.

🏠 Honoring Our Graduates

June marks a powerful milestone. For many, it's the end of one chapter and the exciting start of another. Our graduating athletes are preparing to take the next step—whether that's competing at the collegiate level, pursuing new passions, or bringing their leadership into new communities. We are incredibly proud of their journey and all they've accomplished.

🏃 Looking Ahead

For underclassmen, the work continues—summer training, goal setting, and dreaming big for next season. Their determination doesn't take a summer break, and neither does our support. As a community, we stand beside them every step of the way.

💖 Thank You for Your Support

Your encouragement—at games, in the stands, and throughout the year—has made a difference. You've helped build confidence, foster sportsmanship, and show our athletes that they are truly valued.

Stay Connected

While competitions pause for summer, there's still plenty to look forward to:

- College signing celebrations
- Off-season training opportunities
- Community sports events

Check the high school sports calendars below for updates and ways to stay involved.

At **Morgan Oaks**, we cherish these moments of tradition, growth, and new beginnings. Join us in celebrating our student-athletes—not just for their accomplishments, but for the strong, spirited individuals they're becoming. Here's to a summer of rest, renewal, and continued inspiration.

[Lincoln High School](#)

[West Park High School](#)

[Rocklin High School](#)

[Granite Bay High School](#)

[Twelve Bridges High School](#)

[Whitney High School](#)



Father's Day Grilled Steak & Veggie Skewers

A simple, hearty dish perfect for summer celebrations.

Ingredients:

- 1 lb sirloin steak, cut into 1-inch cubes
- 1 red bell pepper, cut into chunks
- 1 zucchini, sliced into rounds
- 1 red onion, cut into wedges
- 2 tbsp olive oil
- 1 tsp garlic powder
- Salt & pepper to taste
- Optional: BBQ sauce or steak marinade

Instructions:

1. In a bowl, toss steak cubes and veggies with olive oil, garlic powder, salt, and pepper. Let it marinate for 15–30 minutes (optional: use your favorite marinade).
2. Thread steak and veggies onto skewers, alternating items.
3. Preheat grill to medium-high. Grill skewers for 8–10 minutes, turning occasionally, until steak is cooked to your liking.
4. Serve with a side of corn on the cob or a fresh green salad.

Tip: Let Dad kick back with a cold drink while the family takes over the grill!



Nature as Healing: Finding Peace, Presence & Connection

At **Morgan Oaks Eternal Preserve**, nature is more than just a beautiful backdrop—it's a source of healing, reflection, and renewal. Whether you're walking the trails in quiet remembrance, running through golden hills to clear your mind, or pausing to listen to birdsong in the trees, this land has a gentle way of helping us reconnect—with ourselves, with the earth, and with those we've loved and lost.

Walking the Trails: A Path Through Grief & Gratitude

Every step you take along our trails offers space to breathe and simply be. Walking outdoors is a proven way to ease stress and support emotional well-being—but here, it becomes something more. As you move through the preserve, the natural world becomes a quiet companion in your journey. Many families share that walking here makes them feel closer to the loved one they've laid to rest—grounded in the same soil, surrounded by the same breeze, and under the same sky.

Birdsong & Animal Sightings: Moments of Presence

From the flutter of a bluebird's wings to the sudden appearance of a deer at the tree line, these small encounters often arrive just when we need them most. Whether you see them as symbols, signs, or simply beautiful reminders of life's continuity, the creatures who call Morgan Oaks home can stir a deep sense of wonder—and comfort.

Insects, Leaves & Quiet Discovery

For children and adults alike, finding life in the small details—a ladybug on a blade of grass, the pattern of lichen on an oak—reminds us that even in quiet moments, life is unfolding all around us. These gentle discoveries encourage mindfulness, helping us stay present and feel the ongoing cycle of renewal.

The Power of the Land

At Morgan Oaks, this land is held with love and intention. It is living land—where wildflowers bloom, where trails welcome your footsteps, and where memories are honored in the rhythm of nature. Time spent here often becomes part of personal rituals: visiting on special dates, bringing flowers, or simply sitting in stillness. The landscape holds space for grief, remembrance, and peace.

Walking with a Four-Legged Friend: Comfort in Companionship

There's something deeply grounding about walking the trails with a dog by your side. Their joyful energy, curious noses, and loyal presence remind us to stay in the moment. For many, bringing a beloved pet along to Morgan Oaks is not just a walk—it's a ritual of connection, comfort, and healing.

Whether you're visiting a loved one's resting place or simply seeking peace in the open air, having your dog with you adds warmth to the experience. They sense our moods, offer quiet support, and—just like nature—bring us back to the here and now.

At **Morgan Oaks**, well-behaved dogs on leashes are always welcome, and we love seeing the special bond between people and their pets honored on these sacred paths.

Your Connection Continues

Nature reminds us that love doesn't end. It changes form—moving from physical presence into memory, meaning, and the quiet ways we carry someone forward. Whether you're coming to visit a loved one, to grieve, to reflect, or simply to reconnect with something larger than yourself, you are welcome here.

THE GREEN BURIAL CHRONICLES



A Journey Through Grief, Love & Nature: Jenni & Alex Franklin on The Green Burial Chronicles

At Morgan Oaks Eternal Preserve, we are honored to witness how families find meaning, healing, and connection through nature. In this moving episode of The Green Burial Chronicles, we sit down with Jenni & Alex Franklin to talk about their path through loss, remembrance, and the deep values that led them to Morgan Oaks.

Jenni & Alex share reflections on the life of their son, Slater, and the heartfelt decision to one day be laid to rest beside him. Their story touches on themes of love, memory, and what it means to return to the earth in a way that aligns with both spirit and nature.

You'll hear about:

- The belief in the circle of life and natural return
- How living in Lincoln and passing by Morgan Oaks made a lasting impression
- The desire to support others by speaking openly about grief and connection

Jenni & Alex's story invites us to reflect on the natural cycle of life and the ways we carry love and memory through loss. Their experience highlights the strength found in community, connection, and honoring personal values during life's most difficult moments.

This episode offers thoughtful insights for anyone touched by loss, supporting a grieving loved one, or seeking to understand how to hold space with compassion and presence.









 Watch the full episode here:

 **[The Green Burial Chronicles: Jenni & Alex Franklin](#)**

We encourage you to listen and share this episode with anyone who may find hope or comfort in Jenni & Alex's experience. Stories like theirs reflect the true spirit of Morgan Oaks—a place where community connection, reverence for nature, and honoring legacy come together to support healing and provide gentle care during life's most meaningful transitions.

Thank you for being part of this journey with us.

Where to Listen:

- ✓ **Apple Podcasts** 
- ✓ **Spotify** 
- ✓ **Amazon Music/Audible** 
- ✓ **Podbean App** 
- ✓ **iHeart Radio** 
- ✓ **Player FM** 
- ✓ **Boomplay** 
- ✓ **YouTube** 





☀️ Thank You for Sharing June with Us

As June unfolds and we welcome the warmth and reflection of early summer, we want to thank you for being a part of the **Morgan Oaks Eternal Preserve** community. Whether you've walked our trails, attended a recent event, connected with us online, or simply taken time to read this newsletter, your presence means more than you know.

Each month, we hope to offer more than just updates—we aim to create space for reflection, inspiration, and connection. Morgan Oaks is a place where **nature, remembrance, and renewal** come together, and we're grateful to walk this meaningful path alongside you.

Have a question about **green burial**? Interested in visiting the preserve or learning more about upcoming community events? Or perhaps you have a story, suggestion, or reflection you'd like to share in a future newsletter?

We'd love to hear from you.

✉️ **Reach out anytime:**

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📍 You're always welcome to stop by our office or give us a call to schedule a visit or consultation. Whether you're planning ahead or simply seeking information, we're here—with care, clarity, and a listening heart. Thank you again for being with us. We look forward to growing and remembering, season by season, together.

Thank you for reading!

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